

# DROP IN/OPEN GYMNASIUM SCHEDULE

May 1 - May 31, 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
9:30 - 10:45 AM <b>Drop in Parent/Toddler</b> (5 years & under) North & South Gym		9:00 - 10:00 AM <b>Gymnasium in use</b> North & South Gym		9:30 - 10:45 AM <b>Drop in Parent/Toddler</b> (5 years & under) North & South Gym		9:00 - 10:00 AM <b>Gymnasium in use</b> North & South Gym		9:30 - 11:00 AM <b>Drop in Parent/Toddler</b> (5 years & under) North & South Gym	
11:00-11:30 AM <b>Registered Program</b> Kinder Countdown (until May 13) North Gym		10:00 - 11:30 AM <b>Registered Program</b> Hop, Skip, Jump (until May 7) North & South Gym		11:00-11:30 AM <b>Registered Program</b> Kinder Countdown (until May 8) North Gym		11:00 - 11:30 AM <b>Reg. Prog.</b> Lots for Tots North Gym	10:30 - 11:45 AM <b>Drop in Parent &amp; Tot</b> (5 yrs & under) South Gym	11:30 - 1:30 PM <b>Adult (18+) Drop in Pickleball/Badminton</b> North & South Gym	
11:30 - 1:30 PM <b>Adult (18+) Drop in Pickleball/Badminton</b> North & South Gym		11:45 - 4:00 PM <b>Open Gym</b> North & South Gym		11:30 - 1:30 PM <b>Adult (18+) Drop in Pickleball/Badminton</b> North & South Gym		12:15 - 3:00 PM <b>Open Gym</b> North & South Gym		1:45 - 4:00 PM <b>Open Gym</b> North & South Gym*	
1:45 - 4:00 PM <b>Open Gym</b> North & South Gym				1:45 - 2:30 PM <b>Open Gym</b> North & South Gym		3:00 - 4:00 PM <b>Drop in Sports</b> 13 - 17 yrs North Gym	3:00 - 5:00 PM <b>Drop in Sports</b> Up to 12 yrs South Gym		
4:00 - 5:00 PM <b>Drop In Sports</b> 13 - 17 yrs North Gym	4:00 - 5:00 PM <b>Drop in Sports</b> Up to 12 yrs South Gym	4:00 - 5:30 PM <b>Drop In Sports</b> 13 - 17 yrs North Gym	4:00 - 5:30 PM <b>Drop in Sports</b> Up to 12 yrs South Gym	2:30 - 4:00 PM <b>Drop in Sports</b> 13- 17 yrs North & South Gym		4:00 - 6:30 PM <b>Registered Program</b> Tennis North Gym	5:00 - 5:45 PM <b>Open Gym</b> South Gym	4:00 - 5:00 PM <b>Drop in Sports</b> 13 - 17 yrs North Gym	4:00 - 5:00 PM <b>Drop in Sports</b> Up to 12 yrs South Gym
5:30 - 6:45 PM <b>Family Drop in Sports</b> Parent & Children ONLY North & South Gym		6:00 - 6:45 PM <b>Open Gym</b> North & South Gym		4:00 - 5:30 PM <b>Open Gym</b> North Gym	4:00 - 5:30 PM <b>Drop in Sports</b> Up to 12 yrs South Gym	6:00 - 6:45 PM <b>Kids Fit N Fun</b> 6 - 13 yrs (Must arrive by 6:05 p.m. for admittance) South Gym		5:30 - 7:30 PM <b>Family Drop in Sports</b> Parent & Children ONLY North & South Gym	
		7:00 - 8:00 PM <b>Registered Program</b> Line Dancing (until May 28) North & South Gym		5:45 - 7:00 pm <b>Reg. Prog</b> North Gym	6:00 - 7:00 pm <b>Gym in Use</b> South Gym	7:00 - 7:45 PM <b>Gymnasium in use</b> North & South Gym			
		7:30 - 9:45 PM <b>Adult (18+) Drop in Pickleball</b> North & South Gym		8:15 - 9:45 PM <b>Adult (18+) Drop in Basketball</b> (Wristbands - Max 25) North & South Gym		8:00 - 9:45 PM <b>Adult (21+) Drop in Basketball</b> (Wristbands - Max 25) North & South Gym			

SATURDAY		SUNDAY	
8:00 - 10:00 AM <b>Open Gym</b> North & South Gym		8:00 - 10:00 AM <b>Open Gym</b> North & South Gym	
8:45AM - 12:00PM <b>Registered Program</b> Playball North Gym	10:30AM-11:45AM <b>Drop in Parent/ Tot</b> South Gym	8:45AM - 12:00PM <b>Registered Program</b> Monkeynastix North Gym	10:30 - 11:45AM <b>Drop in Parent/ Tot</b> South Gym
12:15 - 1:00 PM <b>Open Gym</b> North & South Gym		12:15 - 1:00 PM <b>Open Gym</b> North & South Gym	

DROP IN/OPEN GYMNASIUM RATES (per visit)	
Child (0-16 years)	\$3.50
Student/Youth (17-24 years)	\$3.75
Adult (18-59 years)	\$4.50
Senior (60+)	\$3.75
Family (5 Members)	\$9.75

**SATURDAY & SUNDAY 1:00 - 4:45 PM**  
**Birthday Parties or Rentals**  
Check with Customer Service if Gymnasium is available for Open Gym on Saturday or Sunday afternoon.  
North & South Gym

**GYMNASIUM RULES**  
Bring indoor shoes for all activities.  
Water bottles only. Food not permitted.  
All belongings locked in secured locker.

**GYMNASIUM EXCLUSION DATES**  
**Regular scheduled activities not offered:**  
Friday, May 3 (1:45 - 4:00 Open Gym - North Gym Only\*)  
Monday, May 20: Victoria Day (Building Closed)

## January & February 2019

**Hours:** Monday to Friday 6:00 AM - 10:00 PM

Saturday & Sunday 7:30AM - 5:00PM

Monday, February 18th 8:00AM - 4:00PM

### \*Schedule Subject to Modifications\*

**Drop In** - refers to scheduled activities with gym attendant supervision.

**Open Gym** - refers to shared use of space with unscheduled activities.

Activities and equipment availability is at the discretion of gym attendants or customer service staff

**Parent /Tot Drop In** - for parent/guardian and children 5 years & under

### JANUARY & FEBRUARY NEWS AND UPDATES

**Line Dancing - Registered program:** Tuesdays 7:00-8:00 PM Drop in also available. Begins January 15, 2019  
Drop in fee \$5/class.

**Drop in Parent/Toddler:** Saturdays 10:30 - 11:45 AM - 5 Years and Under  
South Gym only as of January 19, 2019

**Family Day - Monday, February 18, 2019:** 8:00AM - 4:00PM revised schedule

### Parent/Guardian Responsibility

<b>Up to 3 years</b>	Parent or guardian participation required
<b>3 - 5 years</b>	Parent or guardian to remain in the gymnasium
<b>6 - 9 years</b>	Parent or guardian must remain in the BWG Leisure Centre but not required to remain in the gymnasium. Child cannot be released alone. Parent or guardian must pick up child from gymnasium at program or activity scheduled ending time.
<b>10+ years</b>	Age group able to participate in age specific program or activity unattended

### Fitness Centre Member

\*age specific open/drop in gym activities included in your membership\*

**Child Facility Membership** (4-13 yrs) \$20.00/month or \$199.00/annually (add HST)

\*includes leisure swimming, leisure skating & open/drop in age specific gymnasium activities\*